



commerceballarat.com.au









#B312022



We need your support!

Demand for WRISC's services far outweighs our ability to respond, yet the demand continues to grow.

WRISC works for all women and children who have experienced violence or abuse in a family or intimate relationship.

You can make a donation:





T. 03 5333 3666
E. wrisc@wrisc.org.au
W. wrisc.org.au

WRISC Family Violence and Support is our Community Partner for the 2022 Festival.





Who We Are

Commerce Ballarat is the largest independent business group in Ballarat, creating a united voice for all business sectors. We offer a broad range of opportunities and services.

Our Mission

To provide strong, trusted leadership on matters relevant to business in greater Ballarat.

Our Vision

To be the number one relevant resource for business.

Commerce Ballarat provides leadership, networking, development and marketing opportunities for all businesses. If you are not a member, why not join the 650+ businesses who are and experience how you can benefit.

We are proud to deliver B31 Ballarat Business Festival which runs annually from August 1 – 31. This year's festival offers a condensed program of events tailored to assist business with development, networking, and team building.

Whether you are a business owner, manager, employee or looking to start a business we encourage you to make some time to attend some of the inciteful development and networking opportunities on offer during August.

Wellness Wednesdays – Spin Class Session

Presented by Commerce Ballarat and facilitated by the Ballarat Aquatic Centre

AUGUST

AUGUST

Date: Wednesday 3 August Time: 7:30am – 8:30am

Location: Ballarat Aquatic Centre, Prince of Wales

Recreation Reserve, Lake Gardens

Cost: Commerce Ballarat Members: FREE Non Members: \$10 (bookings essential,

light breakfast provided)

Start your working day right and join us for a beginner's spin class session. An energising way to meet new people, all while building and improving your strength, endurance, and coordination.

For more information visit: https://bit.ly/3xTKQT8

☐ Interested ☐ Booked

People and Culture Industry Chat

Presented by Commerce Ballarat

Date: Wednesday 3 August Time: 12:00pm – 2:00pm

Location: The Grand Bar Restaurant Functions,

203 Dana Street

Cost: Commerce Ballarat Members -\$20

Non-Members-\$30 (bookings essential,

includes lunch)

Hear from Jason Burns, the Head of Talent Acquisition & Employer Branding at Businessary.

With considerable experience in recruitment strategy, business partnering, market mapping, employer branding and talent acquisition, Jason brings unparalleled expertise and capability to the people space.

An opportunity for anyone managing and recruiting employees to learn and discuss concerns, hot topics and ideas.

To register visit: www.commerceballarat.com.au

□ Interested □ Booked

BrainSweet with Clare Linane

Date: Thursday 4 August

Time: 9:00am - 11:45am, including

a 15 minute morning tea break

Location: Ballarat Golf Club, 1800 Sturt Street

Cost: 1 ticket = \$35, 2 tickets = \$65, 3 tickets = \$95

Interwoven into her own story of depression, Clare introduces some key concepts from neuroscience to help explain the important role our brain plays in our well-being. With those concepts as a basis, she shares 5 simple, evidence-based strategies that can help everyone enhance their well-being. Far from being sombre, the workshop is empowering, positive and fun. Participants are challenged to take ownership of their mental health. An ideal workshop to help your team reprioritise their wellbeing after a tough few years of COVID.

To register: https://www.trybooking.com/CAIKN

☐ Interested ☐ Booked

Small Business Bus

Date: Monday 8 August
Time: 10:00am - 3:00pm

Location: Commerce Ballarat, 119 Lydiard Street North

The Victorian Government's Small Business Bus provides free mentoring and face-to-face assistance to help you start or build your small business. The Small Business Bus is visiting Ballarat during B31 Ballarat Business Festival. Book in now for your free one-on-one mentoring session to get your business moving.

For more information and to register visit: www.business.vic.gov.au/events/small-business-bus

☐ Interested ☐ Booked



AUGUST



AUGUST

Biznet Breakfast -Hear from NAB's Head of Behavioural and **Industry Economics**



Presented by Commerce Ballarat

Tuesday 9 August Date: Time: 7:00am - 8:45am

Location: Housey Housey, 12 Armstrong Street North

Commerce Ballarat Members: \$30 Cost:

Non Members: \$38

What can human behaviour (and data) tell us about the economy, business and ourselves? Hear from NAB'S Head of Industry Analysis Dean Pearson at our August Biznet Breakfast. Dean has over 20 years experience in analysing the economy and assessing the implications both in Australia and globally.

At NAB, Dean leads a team of analysts responsible for monitoring key business trends and identifying industries which are likely to provide the strongest growth opportunities and greatest risk.

To register visit: www.commerceballarat.com.au

☐ Interested ☐ Booked

Victorian Regional Safety Symposium

Presented by BROSH - Ballarat Regional Occupational Safety & Health Group and Facilitated by the Australian Institute of Health and Safety.

AUGUST

Date: **Tuesday 9 August** Time: 10:00am - 5:00pm

Location: Mercure Ballarat Hotel & Convention Centre.

613 Main Road

Building capability to manage health and safety risks.

The Victorian Safety Symposium is being delivered by the Victorian Branch of the Australian Institute of Health and Safety.

For cost and more information visit: www.aihs.org.au

☐ Interested ☐ Booked

Wellness Wednesdays – Beginners CrossFit Session

AUGUST

Presented by Commerce Ballarat and facilitated by Sovereign City CrossFit

Date: Wednesday 10 August
Time: 7:00am - 8:30am
Location: Sovereign City CrossFit,

1/888 Humffray Street South

Cost: Commerce Ballarat Members: FREE Non Members: \$10 (bookings essential,

8am light breakfast provided)

Get your blood pumping before work at a Beginners CrossFit session with the team from Sovereign City CrossFit. A light breakfast will be provided and our Mental Health Clinician will be on site for additional wellbeing support. Spots are limited so registration is essential.

For more information and to register visit:

https://bit.ly/3xTKQT8

☐ Interested ☐ Booked

Surviving & Thriving Panel Discussion

AUGUST 11

Presented by Runway HQ

Date: Thursday 11 August Time: 5:30pm – 7:30pm

Location: Runway Ballarat, Flecknoe Building,

124 Albert Street

Cost: \$20 (bookings essential, 50% of proceeds

going to CAFS, light refreshments provided)

RunwayHQ will be hosting a networking event and live panel discussion with four successful entrepreneurs from startups and established businesses. This panel will be giving us their personal insight into how they've survived and thrived over recent years, discussing everything from their own personal work/life balance, to what changes they had to make within their businesses to survive. They will be discussing:

- how they understood the need to innovate and develop a unique selling proposition
- what they did to focus on their strengths and knowing their market
- their strategies for managing challenging times, such as diversifying to find new markets for their business

For more	information	and to	register	visit:
https://b	it.ly/3QzGd	G6	_	

☐ Interested ☐ Booked

Mindshop Excellence

Presented by Commerce Ballarat in partnership with Mindshop

8 -12

Date: Monday 8 August – Friday 12 August

This event is an invitation only interactive work experience program for Year 10 secondary students. The students spend one week in industry with the challenge of working on a 'live' problem and reporting their findings back to their hosts management team.

Presentation of Certificates

Date: Friday 12 August
Time: 3:00pm – 4:15pm

Location: Seminar Theatre - Brewery Building,

Ballarat Technology Park, Federation University,

107 Lydiard Street South

Local industry, teachers, parents, friends and family are invited to witness the amazing solutions designed by the participating secondary school students.

To register visit: www.commerceballarat.com.au

☐ Interested ☐ Booked

AUGUST

16

Accommodation Sector Forum Presented by Ballarat Regional Tourism

Ballarat Regional Tourism

Date: Tuesday 16 August

Cost:

Time: 11:00am - 1:00pm. Lunch provided

Location: Sovereign Park Motor Inn,

223 Main Road (York Conference Centre) BRT Members: Free, Non-members: \$25 (bookings essential, lunch provided)

Local Accommodation operators, management and business owners are invited to unite once again at the Ballarat Regional Tourism quarterly Accommodation Sector Forum. With a growing Sector group attending February and May forum's, BRT is thrilled to announce that this August operators will hear from special guest Tamie Matthews, RevenYou CEO + Founder, to talk about Revenue Management.

This forum will also include a chance for operators to hear from fellow accommodation providers and participate in a round table discussion addressing hot topics for the industry.

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Wellness Wednesdays – Spin Class Session

17

Presented by Commerce Ballarat and facilitated by the Ballarat Aquatic Centre

Date: Wednesday 17 August 7:30am - 8:30am

Location: Ballarat Aquatic Centre, Prince of Wales

Recreation Reserve, Lake Gardens

Cost: Commerce Ballarat Members: FREE

Non Members: \$10 (bookings essential, light

breakfast provided)

Start your working day right and join us for a beginner's spin class session. An energising way to meet new people, all while building and improving your strength, endurance, and coordination.

For more information visit: https://bit.ly/3xTKQT8

☐ Interested ☐ Booked

AUGUST

17

Breaking Down The Barriers For Women in Trades

Presented by Women's Grampian Health & HighlandsLLEN

Date: Wednesday 17 August
Time: 10:30am – 11:45am
Location: Oscars Hotel,

Long Room 18 Doveton Street South

Cost: FREE (bookings essential, morning tea provided)

Women make up approx. 3% of the workforce in traditional trades. Government policy is changing and with the current skills shortage there is a need to change perceptions to increase women in trades. WHG and Highlands LLEN will present on breaking down the perceptions and an industry panel will help unlock the opportunities for businesses to increase participation.

To register visit: https://bit.ly/3n7V6Sz

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YPN - Paint & Pints

Presented by Commerce Ballarat

Date: Thursday 18 August Time: 5:30pm – 8:00pm

Location: Aunty Jacks, 315-317 Mair Street

Cost: Commerce Ballarat Members: \$35,

Non Members: \$45 (bookings essential)

Join us after work for Paint & Pints at Aunty Jacks Ballarat! Bring a friend along as we will be learning how to 'Paint your Mate' or if you want to come alone, don't stress as we will pair you up with someone. Each attendee will also receive a complimentary house beer, wine, or soft drink on arrival and nibbles.

This event provides people in their 20's & 30's with an opportunity build networks with like-minded individuals. Whether you work in admin, retail, trade or professional services YPN is for you!

Thanks to our sponsor On Tap Liquor Consulting & EDQ Town Planning.

For more information and to register visit: www.commerceballarat.com.au

☐ Interested ☐ Booked

How to Tender Right!

Presented by Commerce Ballarat and facilitated by Jessie Harman

AUGUST



Date: Tuesday 23 August Time: 9:00am - 12:00pm

Location: Commerce Ballarat, 119 Lydiard Street North

Cost: FREE (bookings essential)

This session is designed to give practical tips and information to anyone who writes tenders, submissions or grant proposals. The workshop covers understanding tender documentation, planning your tender response, structuring your submission, and effective tender writing. It also explores the common reasons for tender success and failure!

This workshop is suitable for people with all levels of experience – from the very beginner to the more seasoned tender writer. The workshop is interactive, informal and fun.

The workshop is facilitated by Jessie Harman – a highly experienced tender writer, assessor and presenter.

To register visit: www.commerceballarat.com.au

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Wellness Wednesdays – Beginners CrossFit Session

24

Presented by Commerce Ballarat and facilitated by Sovereign City CrossFit

Date: Wednesday 24 August Time: 7:00am - 8:30am Location: Sovereign City CrossFit,

1/888 Humffray Street South

Cost: Commerce Ballarat Members: FREE

Non Members: \$10 (bookings essential,

8am light breakfast provided)

Get your blood pumping before work at a Beginners CrossFit session with the team from Sovereign City CrossFit. This session will follow on from the class in Week 2 however beginners are most welcome. A light breakfast will be provided and our Mental Health Clinician will be on site for additional wellbeing support. Spots are limited so registration is essential.

For more information visit: https://bit.ly/3xTKQT8

☐ Interested ☐ Booked

2022 Federation University Commerce Ballarat Business Excellence Awards Gala Dinner

25

AUGUST

Date: Thursday 25 August
Time: 6:00pm - Late

Location: Mercure Ballarat Hotel & Convention Centre,

613 Main Road

Cost: \$168pp (all inclusive, bookings essential)

Join us for an evening of celebration of Ballarat business with the announcement of the winners in the 2022 Federation Business School Commerce Ballarat Business Excellence Awards. Guests will be treated to an evening full of surprises and feature entertainment.

For more information and to book email: info@commerceballarat.com.au

☐ Interested	☐ Booked
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Aspire Business Workshop

Presented by the City of Ballarat in partnership with ASPIRE

Date: Tuesday 30 August Time: 10:00am – 11:30am

Location: Ballarat Town Hall, 225 Sturt Street

Cost: FREE (bookings essential)

"One business's waste can be another's treasure."

ASPIRE is an online matchmaking tool for material resource exchange. It matches waste resources from a business with potential remanufacturers, purchasers or recyclers and therefore reduces waste going to landfill.

The platform offers the following benefits to businesses:

- · Save in waste disposal costs
- · Earn revenue from waste
- Opportunity to connect with other businesses
- Create new supply chains
- · Build innovative solutions for re-use & recycling
- Track carbon emissions
- Track diversion from landfill

This workshop will provide a demonstration of the ASPIRE platform and opportunity for businesses to sign up and start using the platform.

Access to the ASPIRE platform is free for all Ballarat businesses with 20 or less employees. There is also an opportunity for up to 10 larger business to access the platform for free.

To register visit: https://bit.ly/3xFWQXW

☐ Interested ☐ Booked





Uncover Your Strengths to Thrive at Work – Hosted by Committee for Ballarat



Presented by Leadership Programs Lead and Workplace Psychologist Ellen Jackson

Date: Tuesday 30 August Time: 12:00pm – 3:00pm

Location: The Grand Bar Restaurant Functions,

203 Dana Street

Cost: Commerce Ballarat/Committee

for Ballarat Members - \$100,

Non-members - \$150

Commerce Ballarat/Committee for Ballarat

groups of 4 or more - \$80 per ticket Non-member groups of 4 or more -\$100 per ticket (bookings essential)

Unlocking the Secrets to Team Wellbeing: A strengthsbased approach to supporting your people and creating a thriving team.

Strengths are the basic building blocks of flourishing in life and when we thrive in life we thrive at work.

In this workshop, presented by workplace psychologist Ellen Jackson, you will:

- Learn about psychological strengths and the role they play in wellbeing, engagement, productivity and innovation at work.
- Explore how understanding strengths promotes workplace collaboration and harmony.
- Discover your individual strengths, and tools for understanding team strengths in your organisation.
- Develop a common language for discussing the best qualities you and your team bring to your workplace
- · Discover how strengths make wellbeing work.

This 3.5 hour workshop (including lunch) is ideal for small teams who will have the opportunity to workshop their collective strengths during the session.



To register visit:

https://www.trybooking.com/CAPKD

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Wellness Wednesdays -**Chair Yoaa**

AUGUST

Presented by Commerce Ballarat and facilitated by Ballarat Community Health

Date: **Wednesday 31 August** 7:00am - 8:30am Time:

Location: Commerce Ballarat, 119 Lydiard Street North

Commerce Ballarat Members: FREE Cost:

Non Members: \$10 (bookings essential,

8am light breakfast provided)

Breathe, Stretch, Relax! Release your stress and join us for a morning of Chair Yoga facilitated by Ballarat Community Health. A light breakfast will be provided and our Mental Health Clinician will be on site for additional wellbeing support. Spots are limited so registration is essential.

For more information visit: https://bit.ly/3xTKQT8

☐ Interested ☐ Booked

Networking 1-0-FUN!

Hosted by the Ballarat **Business Centre**

Date: **Wednesday 31 August** 4:30pm - 6:30pm Time:

Location: Aunty Jacks, 315-317 Mair Street

\$20 (bookings essential)

If vou're a small business looking to make business connections in a relaxed and casual environment, come along and join us at "Networking 1-0-FUN"

Prior to the event, we will send you the tips you need to write the perfect business pitch. On the night, you will be given the opportunity to introduce who you are and what you do - lots of prizes and giveaways to be won so put your best pitch forward!

Learn about Networking 1-0-1, by joining us at Networking 1-0-FUN!

To register visit: https://www.eventbrite.com.au/e/ networking-1-0-fun-tickets-370277749717

Notes



Major Sponsor



Event Sponsors













Ballarat Business Festiva

For more information contact:

Commerce Ballarat Ph: 5333 3233 commerceballarat.com.au